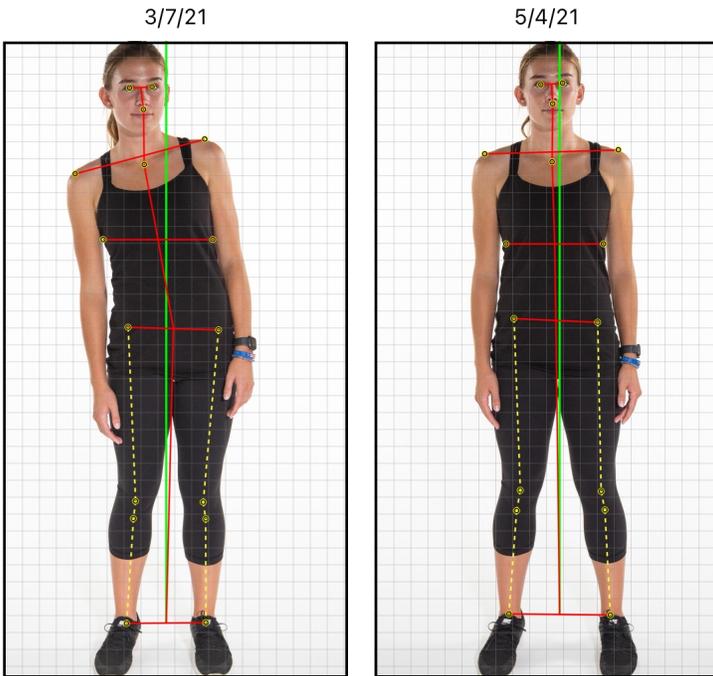


Report for Janey Doe performed on 3/7/21 and 5/4/21

The purpose of this PostureScreen report is to objectively demonstrate the measurable changes in your standing neutral posture. Since posture can be considered the window to the spine, specific abnormal postural displacements are associated with specific spinal positions. If your posture is left uncorrected, then your spine skeletal system, discs, ligaments, blood vessels, muscles and spinal nerves will be under constant asymmetrical stress and will eventually adapt with pathological changes. The benefits of near normal posture is obvious. It is advisable to continue to seek corrective type care until your posture (and spinal alignment) is as close to normal as possible.

Your Posture Comparison from the Front View



Body Region	Shift (Translation)		Rotation	
	3/7/2021	5/4/2021	3/7/2021	5/4/2021
Head	0.36 in right	0.06 in right	2.8° right	3.7° right
Shoulders	1.46 in right	0.27 in right	15.0° right	1.7° right
Ribcage	1.61 in right	0.12 in right	n/a	n/a
Hips/Pelvis	0.75 in left	0.40 in right	1.7° left	2.5° left
Total Deviations	4.18 in	0.85 in	19.5°	7.9°

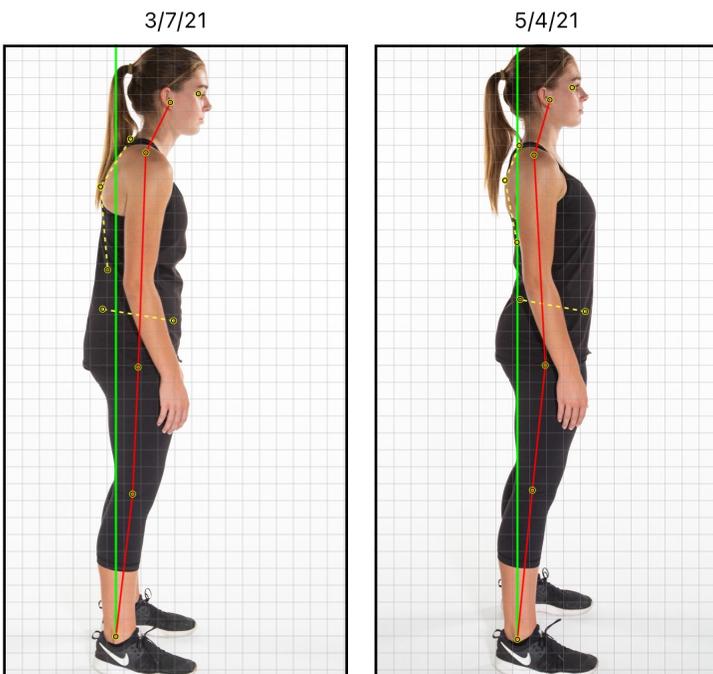
3/7/21



5/4/21



Your Posture Comparison from the Side View

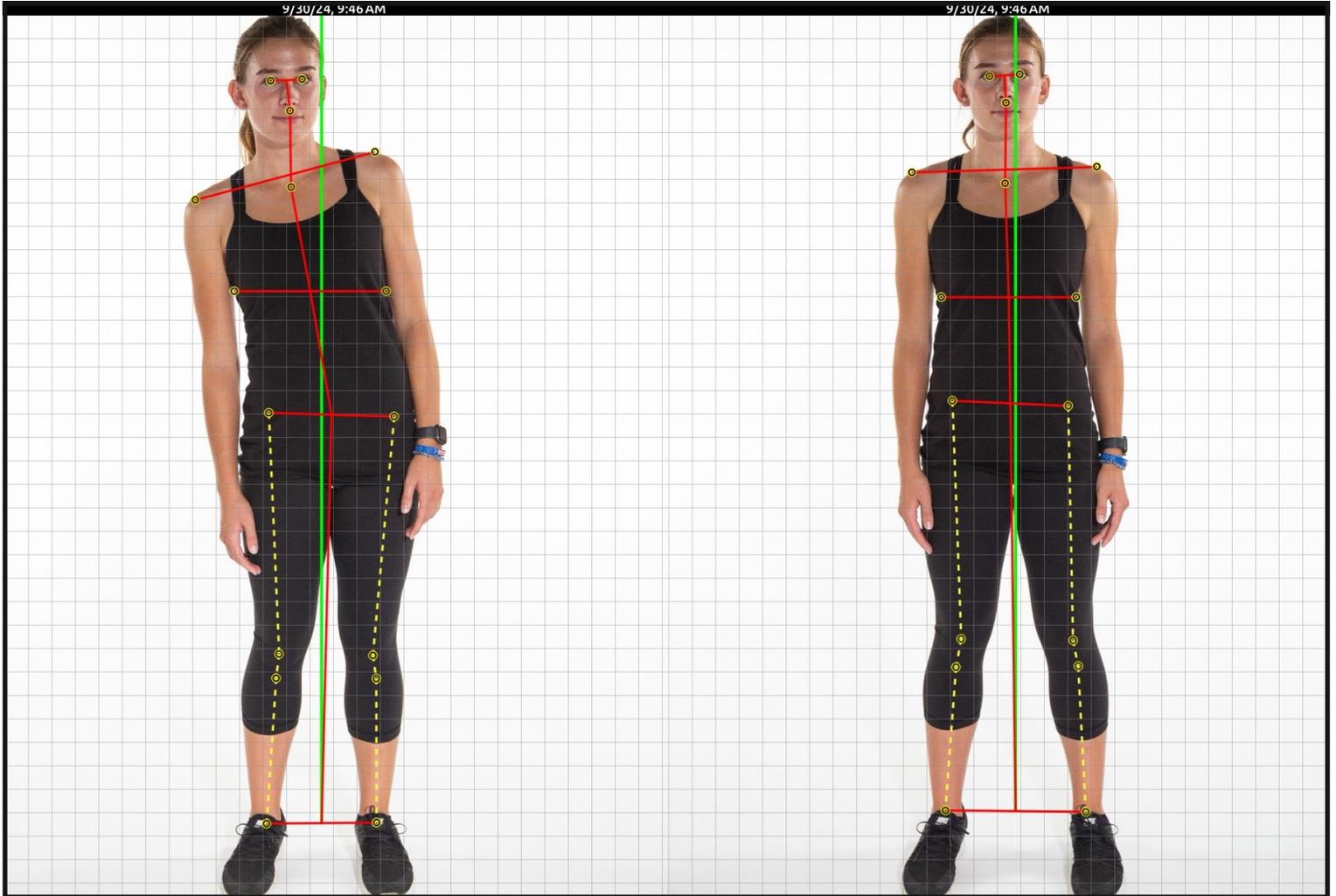


Body Region	Shift (Translation)	
	3/7/2021	5/4/2021
Head	2.58 in forward	1.65 in forward
Shoulder	0.79 in forward	1.17 in backward
Hips/Pelvis	0.60 in forward	1.35 in forward
Knees	1.76 in forward	1.57 in forward
Total Deviations	5.73 in	5.73 in

Your head weighs approximately 9 lbs, however, due to the physics of your postural deviations, your 'effective head weight' changes, which means it 'feels heavier' to your body. The effective weight of your head for the exam on 3/7/21 was 32 lbs and on the follow-up exam dated 5/4/21 it weighed 23 lbs, accounting for a total change of 29.5%.

Report for Janey Doe performed on 3/7/21 and 5/4/21

Anterior View



Report for Janey Doe performed on 3/7/21 and 5/4/21

Lateral View

